

# Supporting Behaviour

**Is your child experiencing behaviour difficulties?  
Would you like advice & strategies to support your child?**

**Online course for children and young people with a disability aged 3 -18 who live in the Wokingham Borough**

**\*Please note parents with a child or young person who does not have additional needs may attend this workshop if capacity allows**

Join us for **Supporting Behaviour**

**Date: Wednesday 20<sup>th</sup> September 23**

**Time: 6.30pm – 7.30pm**

**This will be delivered via Microsoft Teams so please download the app prior to the session.**

To book or for more information, please contact us via:

**[first@wokingham.gov.uk](mailto:first@wokingham.gov.uk)**

**The Workshop will include:**

Training sessions will be delivered by Ray Boshier-Williams who is an advanced Team Teach Tutor and has over 30 years' experience of working with children with disabilities and Pippa (Carol) West who is the family support worker and team leader at Saturday Club.

- 1. Understanding behaviour - Identifying triggers & causes*
- 2. How the Behaviour Wave affects both you and your child*
- 3. Strategies and resources to help overcome distressed behaviour*

