

Changing Behaviour, Changes Behaviour

**Is your child experiencing behaviour difficulties?
Would you like advice & strategies to support your child?**

Online course for parents with a child or young person with a disability aged 3 -18 who live in the Wokingham Borough

Join us for **Changing Behaviour, Changes Behaviour**

Dates: Wednesday 4th, 11th & 18th October 23

Time: 6.30pm – 7.30pm

This will be delivered via Microsoft Teams so please download the app prior to the session.

To book or for more information, please contact us via:

Email – First@wokingham.gov.uk

Training sessions will be delivered by Ray Boshier-Williams who is an advanced Team Teach Tutor and has over 30 years' experience of working with children with disabilities and Pippa (Carol) West who is the family support worker and team leader at Saturday Club.

The sessions will include:

1. Understanding behaviour - Identifying triggers & causes
2. How the Behaviour Wave affects both you and your child
3. Strategies and resources to help overcome distressed behaviour

***Please note that parents are required to attend all 3 sessions.**



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